

✠ LENTEN SCHEDULE ✠

The penitential **Season of Lent** began on Ash Wednesday and ends with the Mass of the Lord's Supper on Holy Thursday. Lent has six Sundays; the sixth of which is called *Passion* or *Palm Sunday* and marks the beginning of Holy Week.

Abstinence from meat is to be observed by all Catholics (14 years and older) on Ash Wednesday and on all the Fridays of Lent. **Fasting** means limiting oneself to one full meal on a given fast day. Catholics who are between the ages of 18 and 59 inclusive are obliged to fast on Ash Wednesday and Good Friday. On fast days, two additional smaller meals are permitted. However, the two smaller meals together should not equal one full meal.



The schedule of services for Lent is as follows:

Daily Mass

Monday through Friday at 9:00 a.m. ~ Church
First Saturday: March 3 at 9:00 a.m. ~ Church

Stations of the Cross

Fridays of Lent - following the 9:00 a.m. Mass ~ Church

Confessions

Fridays of Lent: 7:00 p.m. to 10:00 p.m. ~ Church
Except First Friday, March 2: 3:45 p.m. to 6:45 p.m. ~ Church
followed by 7:00 p.m. Holy Hour with Benediction

Saturdays of Lent: 3:00 p.m. to 4:45 p.m. ~ Hall
Except Saturday, February 17: 3:45 p.m. to 4:45 p.m. ~ Hall

Monday, March 26 - Diocesan Day of Penance: 2:00 p.m. to 10:00 p.m. ~ Church

Good Friday, March 30: 9:45 a.m. to 12:00 Noon ~ Church
Holy Saturday, March 31: 9:45 a.m. to 12:00 Noon ~ Church